

Massage Therapies

Aromatherapy Massage

A treatment which helps to ease away the day's stress & strains, and bring body & mind into balance with blends of essential oils. *30min \$80/ 60min \$140/ 90min \$180
\$120min \$260*

Caribbean Baths Hot Stone Massage

Experience the relaxation of a lifetime. Our Hot "Baths" Stones are locally hand picked from The Baths.

60min \$150 / 90min \$190

Swedish Massage

Designed to reduce stress & increase circulation, aiding the body in cleansing itself of toxins.

*30min \$60 / 60 \$120
90min \$160 / 120min \$240*

Deep Tissue Massage

Especially helpful to release back tightness, sore shoulders and sports related aches.

*30min \$70 / 60min \$140
90min \$180 / 120min \$260*

Mommy to be Massage

This massage eases back tension, relieves water retention in the legs, and calms the body and mind.

60min \$120

Reflexology

Applied pressure points on the feet correspond to specific energy zones through the body, restoring energy and correcting balance.

30min \$70

Body Treatments

Coconut and Ginger Scrub

A homemade blend of shredded local coconut, detoxifying ginger, nutmeg & oils makes this a gentle exfoliation experience for those with sensitive skin. Topped off with a hot coconut oil massage. *70min \$150*

Salt Island Scrub

Locally harvested salt from the British Virgin Islands own Salt Island.

60min \$115

Brown Sugar Scrub & Hot Oil

Massage

Center yourself with a Emulsifying Caribbean body scrub, exfoliating the skin and improving circulation.

70min \$150

Anegada Mud Wrap

Detoxifying the body the natural way, dry brushes exfoliates the skin followed by a mud application, warm shower and lotion application.

60min \$120

Aloe & Lavender Wrap

Aloe gel and Lavender oil penetrate the skin while tucked under a warm blanket, followed by a swedish massage with energy balancing pressure points.

60min \$120

Cupping Massage

Cupping Massage Therapy

Vacuum Therapy can easily be modified to achieve a range of results, from lymphatic drainage to deep tissue and fascial release. Leaves you melting off the table!

\$70min \$150

Skin Care

ELEMIS Pro-Collagen Age Defy Facial

Tackle fine lines and wrinkles with the clinically proven age-defying benefits of marine charged padina pavonica and red coral. Targeted massage encourages optimum cellular function for nourished younger looking skin.

30min \$80 / 60min \$150

ELEMIS Superfood Pro-Radiance Facial

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energizing, detoxifying actives. Clinically proven to leave skin plumper, more radiant and lit up with good health.

30 min \$70 / 60min \$130

ELEMIS Contour Touch

Condition your skin and muscles with this all embracing experience. Combine any 30 minute or 1 hour ELEMIS hands on touch facial with your personalized freestyle deep tissue massage or full body swedish massage .

60min \$130 / 90min \$160

ELEMIS Dynamic Resurfacing Precision Peel

Clinically Proven to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger looking skin.

30min \$140 / 60min \$170